



Sunflower and Ivy Art Therapy Intake Form

Name:	D.O.B
Parent Name:	Phone Contact:
Address	Email:

How my/my childs NDIS Plan is managed:

Self Managed Plan Managed NDIS Managed

Plan Manager/Agency Contact (If applicable)

Name:	Agency:
Phone:	Email:

I would like to keep the following refer or other updated on therapy (If applicable)

Name:	Relationship (e.g Doctor or OT):
Phone:	Email:

Relevant Diagnosis, Disability, medical conditions or allergies:

--

Current relevant social circumstances affecting my child or myself/family (e.g unemployment, bullying, greif, divorce) :

--

My/my childs goals for art therapy include*:

<p>Counselling/Emotional:</p> <p>Such as:</p> <ul style="list-style-type: none">• Support for grief, separation, new diagnosis, bullying etc.• Learning emotional articulation• Body and sensory awareness• Identity exploration• Healthy coping strategies and emotion management	
<p>Capacity Building:</p> <p>Such as:</p> <ul style="list-style-type: none">• Goal setting• Strength and confidence building• Increasing mastery and enjoyment through new skills and art-making• Practicing fine-motor and upper limb use, impulse control, turn taking.• Visual perception and cognitive rehabilitation	
<p>Assessment/Recommendation:</p> <p>Such as:</p> <ul style="list-style-type: none">• Interest in art based activity• Viability for ongoing creative therapies or activities• Therapeutic goals for DCPFS, NDIS etc	

Other	
-------	--

***It is important that your goals are relevant to those identified in your/your Childs NDIS plan.**

What to expect

Art Therapy combines traditional counselling techniques with art materials and creative processes to facilitate emotional and symbolic expression. During times of difficulty and hardship and for children this can be particularly helpful as it is common to lack the words to express and process experiences. Art therapy can be a non-threatening medium that allows people to tackle tough issues in a creative way while building new skills, self-awareness, coping strategies and building self esteem and mastery. It can also support the practise of fine motor skills and motor strength, choice making and turn taking. Art therapy sessions are different for each individual and are tailored to your specific goals and needs. Art therapy can be very different to traditional art classes and there is not always finished artworks to take home.

The first 1-2 sessions of art therapy focus on rapport building, goal setting and assessment. This is followed by a "treatment phase" in which sessions will utilise creative activities that focus on your/your child's goals. You are able to have input throughout this phase too. Your last 1-2 sessions will focus on finishing any artwork or projects and translating your goals and new skills to home, school or the community where you/your child might like to continue to be creative. All artmaterials are provided for use during sessions. Artwork can be taken home as desired.

Fees, Payments and Cancellations:

Standard Art Therapy

_\$156 per hour

Included:

- 1 hour of art therapy and/or counseling
- Up to 20mins of parent consultation per week
- Written report or summary on completion of service (or every 3 months)
- All art materials included

Additional Services

\$95 per hour or part thereof

School or agency liaison, additional report writing, additional parent consultation etc

Payment

Sunflower and Ivy will seek payment for their provision of therapy services immediately following delivery. Payments can be made via EFT. No further appointments can be attended until payment is received for an outstanding session.

Sunflower and Ivy
ANZ Bank
BSB: 016464
Account: 306516763

Please note art therapy fees currently do not receive a Medicare rebate. If you are a NDIS participant please notify Sunflower and Ivy to ensure the correct service and payment agreement is provided

Cancellation Policy

Sunflower and Ivy does not charge cancellation fees unless, less than 24 hours of notice is given of a cancellation (excepting an emergency or late onset illness). If charged the cancellation fee of \$95 must be paid prior to attending the next appointment. Reoccurring cancellations that are unreasonable in nature or failure to provide cancellation notice (DNA) on multiple occasions may result in Sunflower and Ivy terminating service provision.

Complaints

Please refer complaints where appropriate to Sunflower and Ivy, Liana Berry. Serious complaints regarding ethical conduct can be made to ANZACATA <https://www.anzacata.org/complaints-procedure>

Crisis Information

Sunflower and Ivy does not provide a crisis service and is not available after hours or for immediate attention at all business hours. For crisis support please access lifeline Australia: 13 11 14. In cases of emergency please contact 000.

A full list of crisis support can be found at:

<https://www.mhc.wa.gov.au/getting-help/helplines/>

This **Intake Form** is for the purpose of collecting information to provide an initial assessment of suitability, followed by an introductory art therapy session for you or your child. Sunflower and Ivy will then continue as requested to provide you with a person centered service that meets your therapeutic goals within a timely manner. At all times Sunflower and Ivy may refer you to another service or cease treatment if your needs are greater than the treating clinicians scope of practice. Please find the following responsibilities of Sunflower and Ivy and yourself:

Responsibilities of Sunflower and Ivy

Sunflower and Ivy agrees to:

- review the provision of therapy services at each occasion of service with the participant
- consult the participant on decisions about how treatment is provided
- give the participant information about managing any complaints or disagreements
- give the participant a minimum of 24 hours' notice if the provider has to change a scheduled appointment to provide therapy services, with the exception of emergency.
- protect the participant's privacy and confidential information
- provide support in a manner consistent with all relevant laws and keep accurate records on the supports provided to the participant
- Maintain professional registration with the peak art therapy registration body ANZACATA, including all supervision and professional development standards

Responsibilities of the participant/participant's representative

The participant/participant's representative agrees to:

- inform the provider (Sunflower and Ivy) about how they wish the therapy services to be delivered to meet the participant's needs
- talk to the provider if the participant has any concerns about the therapy services being provided
- give the provider a minimum of 24 hours' notice if the participant cannot make a scheduled appointment; and if the notice is not provided by then, the provider's cancellation policy will apply
- Understands that Sunflower and Ivy does not provide a crisis service. Please see attached crisis information.
- Understands that written consent must be provided for information to be shared about themselves or their child with a third party including school or therapeutic provider.

Agreement signatures

The parties agree to the terms and conditions.

Signature of participant's representative

Name of participant's representative

Date

Signature of authorised person from
Sunflower and Ivy

Name of authorised person from
Sunflower and Ivy

Date

